

Mexican Hot Chocolate

— Maria Soares

6 c milk

$\frac{3}{4}$ c packed brown sugar

15 cardamom pods

12 whole cloves

2 cinnamon sticks

2 whole anise stars

$\frac{3}{4}$ t coriander

$\frac{3}{4}$ t nutmeg

$\frac{1}{4}$ t crushed pepper

$\frac{1}{2}$ c cocoa (unsweetened)

$\frac{3}{4}$ t vanilla extract