

# COOK'S

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ILLUSTRATED

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## PUMPKIN PIE

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*Makes one 9-inch pie. Published November 1, 2008. From Cook's Illustrated.*

If candied yams are unavailable, regular canned yams can be substituted. The best way to judge doneness is with an instant-read thermometer. The center 2 inches of the pie should look firm but jiggle slightly. The pie finishes cooking with residual heat; to ensure that the filling sets, cool it at room temperature and not in the refrigerator. To ensure accurate cooking times and a crisp crust, the filling should be added to the prebaked crust when both the crust and filling are warm. Serve at room temperature with whipped cream. Vodka is essential to the texture of the crust and imparts no flavor; do not substitute.

### **Crust**

- 1 1/4** cups unbleached all-purpose flour (6 1/4 ounces)
- 1/2** teaspoon table salt
- 1** tablespoon sugar
- 6** tablespoons (3/4 stick) cold unsalted butter , cut into 1/4-inch slices
- 1/4** cup vegetable shortening , cold, cut into two pieces
- 2** tablespoons vodka , cold (see note)
- 2** tablespoons cold water

### **Filling**

- 1** cup heavy cream
- 1** cup whole milk
- 3** large eggs plus 2 large yolks
- 1** teaspoon vanilla extract
- 1** (15-ounce) can pumpkin puree
- 1** cup drained candied yams from 15-ounce can (see note)
- 3/4** cup sugar
- 1/4** cup maple syrup
- 2** teaspoons grated fresh ginger
- 1/2** teaspoon ground cinnamon
- 1/4** teaspoon ground nutmeg
- 1** teaspoon table salt

### **INSTRUCTIONS**

- 1. 1. For the Crust:** Process 3/4 cup flour, salt, and sugar in food processor until combined, about two 1-second pulses. Add butter and shortening and process until homogenous dough just starts to collect in uneven clumps, about 10 seconds; dough will resemble cottage cheese curds with some very small pieces of butter remaining, but there should be no uncoated flour. Scrape bowl with rubber spatula and redistribute dough evenly around processor blade. Add remaining 1/2 cup flour and pulse until mixture is evenly distributed around bowl and mass of dough has been broken up, 4 to 6 quick pulses. Empty mixture into medium bowl.
- 2. 2.** Sprinkle vodka and water over mixture. With rubber spatula, use folding motion to mix, pressing down on dough until dough is slightly tacky and sticks together. Flatten dough into 4-inch disk. Wrap in plastic and refrigerate at least 45 minutes or up to 2 days.

3. 3. Adjust oven rack to lowest position, place rimmed baking sheet on rack, and heat oven to 400 degrees. Remove dough from refrigerator and roll out on generously floured (up to 1/4 cup) work surface to 12-inch circle about 1/8 inch thick. Roll dough loosely around rolling pin and unroll into pie plate, leaving at least 1-inch overhang on each side. Working around circumference, ease dough into plate by gently lifting edge of dough with one hand while pressing into plate bottom with other hand. Refrigerate 15 minutes.
4. 4. Trim overhang to 1/2 inch beyond lip of pie plate. Fold overhang under itself; folded edge should be flush with edge of pie plate. Using thumb and forefinger, flute edge of dough. Refrigerate dough-lined plate until firm, about 15 minutes.
5. 5. Remove pie pan from refrigerator, line crust with foil, and fill with pie weights or pennies. Bake on rimmed baking sheet 15 minutes. Remove foil and weights, rotate plate, and bake 5 to 10 additional minutes until crust is golden brown and crisp. Remove pie plate and baking sheet from oven.
6. 6. **For the Filling:** While pie shell is baking, whisk cream, milk, eggs, yolks, and vanilla together in medium bowl. Combine pumpkin puree, yams, sugar, maple syrup, ginger, cinnamon, nutmeg, and salt in large heavy-bottomed saucepan; bring to sputtering simmer over medium heat, 5 to 7 minutes. Continue to simmer pumpkin mixture, stirring constantly and mashing yams against sides of pot, until thick and shiny, 10 to 15 minutes.
7. 7. Remove pan from heat and whisk in cream mixture until fully incorporated. Strain mixture through fine-mesh strainer set over medium bowl, using back of ladle or spatula to press solids through strainer. Rewhisk mixture and transfer to warm prebaked pie shell. Return pie plate with baking sheet to oven and bake pie for 10 minutes. Reduce heat to 300 degrees and continue baking until edges of pie are set (instant-read thermometer inserted in center registers 175 degrees), 20 to 35 minutes longer. Transfer pie to wire rack and cool to room temperature, 2 to 3 hours. Cut into wedges and serve.

## TECHNIQUE

### Cooking the Filling



Simmering the filling for pumpkin pie is an unusual step, but its benefits are threefold. First, cooking the pumpkin and sweet potatoes drives off moisture and concentrates their taste. Second, cooking the spices along with the pumpkin allows their flavors to bloom. Third, heating the filling allows it to firm up quickly in the oven, rather than soaking into the pastry and causing the crust to become soggy.

## RECIPE TESTING

Keeping the Custard from Curdling



### OVERCOOKED

A pie cooked at 425 degrees the whole time curdles and becomes watery and grainy.



### SILKY SMOOTH

Starting the pie at 400 degrees and finishing it at 300 degrees allows it to bake without curdling.

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## SHOPPING

Premade Pie Dough



### TIME-SAVER

Pillsbury Pie Crusts is the best of the convenience products sold in supermarkets.

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**RECIPE TESTING**

## Key Flavoring Ingredients

**SWEET POTATOES**

Sweet potatoes intensify pumpkin flavor.

**FRESH GINGER**

Grated ginger packs more punch than dried ginger.

**MAPLE SYRUP**

Maple syrup boosts pumpkin's natural sweetness.



America's Test Kitchen is a 2,500-square-foot kitchen located just outside of Boston. It is the home of Cook's Country and Cook's Illustrated magazines and is the workday destination for more than three dozen test cooks, editors, and cookware specialists. Our mission is to test recipes until we understand how and why they work and arrive at the best version. We also test kitchen equipment and supermarket ingredients in search of brands that offer the best value and performance. You can watch us work by tuning in to America's Test Kitchen ([www.americastestkitchen.com](http://www.americastestkitchen.com)) on public television.